

2000 GIRLS' CLASS A TRUE TEAM CHAMPIONSHIPS

National Sports Center, Blaine, MN - May 20, 2000

TEAM SCORES: S C/S V R L B 463, Hayfield 435.5, Lewiston-Altura 404.5, Chatfield 387.5, Holdingford 382.5, Hinckley-Finlayson 256, Warren-Alvarado-Oslo 230.5, Agassiz Valley 195.5, Deer River 174.

100 Meter Dash

1 Taunja Disher, Holdingford	13.24
2 Shanda Larsen, Holdingford	13.31
3 Janelle Madsen, S S C/S V R L B	13.34
4 Janel Ellinghuysen, Lewiston - Altura	13.76
5 Amanda Thieke, Chatfield	13.84
6 Kelly Hakanson, Hinckley-Finlayson	13.95
7 Kellie Krueger, Hayfield	14.01
8 Sheryl West, Hayfield	14.21
9 Brianna Liepold, S S C/S V R L B	14.22
10 Rebekah Stinar, Warren-Alvarado-Oslo	14.24
11 Lisa Amundgaard, Warren-Alvarado-Oslo	14.31
12 Casey Ties, Lewiston - Altura	14.41
13 Katie Patten, Chatfield	14.46
14 Crystal Essig, Deer River	14.77
15 Katie Hoffbeck, Agassiz Valley	15.08
16 Tatanya Frisch, Hinckley-Finlayson	15.26
17 Chrissy Hoppe, Deer River	15.36
18 Ashley Nord, Agassiz Valley	15.47

200 Meter Dash

1 Janelle Madsen, S S C/S V R L B	27.40
2 Taunja Disher, Holdingford	27.82
3 Hannah Koep, S S C/S V R L B	27.85
4 Amanda Thieke, Chatfield	28.35
5 Stefanie Jergenson, Chatfield	28.37
5 Janel Ellinghuysen, Lewiston - Altura	28.37
7 Rebekah Stinar, Warren-Alvarado-Oslo	28.99
8 Kristin Peterson, Hayfield	29.05
9 Casey Ties, Lewiston - Altura	29.30
10 Lauren Burmeister, Hayfield	29.32
11 Lisa Amundgaard, Warren-Alvarado-Oslo	29.38
12 Kelly Hakanson, Hinckley-Finlayson	29.51
13 Shannon McCarthy, Hinckley-Finlayson	29.75
14 Kayla Bullert, Holdingford	30.00
15 Amy Mackner, Agassiz Valley	31.49
16 Jenna Halverson, Agassiz Valley	31.62
17 Chrissy Hoppe, Deer River	31.89
18 Anna Anttila, Deer River	32.04

400 Meter Dash

1 Shanda Larsen, Holdingford	58.22
2 Kristin Peterson, Hayfield	59.93
3 Janelle Madsen, S S C/S V R L B	61.42
4 Janel Ellinghuysen, Lewiston - Altura	61.49
5 Lauren Burmeister, Hayfield	62.04
6 Brittany Johnston, Warren-Alvarado-Oslo	62.77
7 Stefanie Jergenson, Chatfield	63.66
8 Katie Brenden, Agassiz Valley	64.19
9 Shannon McCarthy, Hinckley-Finlayson	64.29
10 Casey Ties, Lewiston - Altura	64.56
11 Lisa Streit, Holdingford	64.93
12 Marit Turner, Chatfield	65.28
13 Jamie DeWall, S S C/S V R L B	66.01
14 Connie Goedtke, Agassiz Valley	66.05
15 Rachal Dorry, Deer River	66.14
16 Kaitlin Torgerson, Warren-Alvarado-Oslo	66.50
17 Maria Maser, Hinckley-Finlayson	67.67
18 Chrissy Hoppe, Deer River	71.09

800 Meter Run

1 Paula Hoffert, Lewiston - Altura	2:21.71
2 Jayna Tangen, Chatfield	2:23.43
3 Jessica Zellar, S S C/S V R L B	2:28.77
4 Kim Lohse, S S C/S V R L B	2:30.90
5 Mary Worschlalger, Lewiston - Altura	2:30.92
6 Chelsey Rich, Chatfield	2:33.51
7 Angela Christianson, Hinckley-Finlayson	2:34.83
8 Heather Schmeling, Hayfield	2:35.91
9 Becca Popp, Holdingford	2:39.81
10 Alisson Degerstrom, Hinckley-Finlayson	2:40.36
11 Shawnda, Holdingford	2:40.39
12 Catherine Moe, Agassiz Valley	2:41.55
13 Marci Smith, Deer River	2:41.77
14 Lindsey Teigen, Warren-Alvarado-Oslo	2:42.01
15 Lacy Wangen, Hayfield	2:42.27
16 Annie Erickson, Warren-Alvarado-Oslo	2:43.25
17 Laura Herbrandson, Agassiz Valley	2:51.92
18 Kayla Smith, Deer River	2:53.60

1600 Meter Run

1 Paula Hoffert, Lewiston - Altura	5:16.80
2 Jayna Tangen, Chatfield	5:25.59
3 Jessica Zellar, S S C/S V R L B	5:28.18
4 Mary Worschlalger, Lewiston - Altura	5:30.38
5 Sara Halverson, Hayfield	5:42.79
6 Danielle Cranston, S S C/S V R L B	5:49.10
7 Becca Popp, Holdingford	5:55.12
8 Heather Meldahl, Hayfield	5:55.91
9 Leah Hoffbeck, Agassiz Valley	6:05.41
10 Michelle Bell, Chatfield	6:11.59
11 Kayla Pawlowski, Warren-Alvarado-Oslo	6:12.87
12 Katie Ramsdell, Deer River	6:12.92
13 Crystal Mortenson, Hinckley-Finlayson	6:18.98
14 Valori Diedrich, Hinckley-Finlayson	6:24.12
15 Beth Heurung, Holdingford	6:25.80
16 Tiffany Nordick, Agassiz Valley	6:25.89
17 Sara Flaten, Warren-Alvarado-Oslo	6:32.84
18 Jamie Peterson, Deer River	6:49.71

3200 Meter Run

1 Sara Halverson, Hayfield	12:11.58
2 Nicole Skaden, Lewiston - Altura	12:21.12
3 Danielle Cranston, S S C/S V R L B	12:33.00
4 Nikki Eommers, Lewiston - Altura	12:37.39
5 Katelyn Wadewitz, Chatfield	12:43.89
6 Julie Pohlman, S S C/S V R L B	12:47.83
7 Heather Meldahl, Hayfield	13:01.13
8 Leann Stanoch, Holdingford	13:20.30
9 Carie Puchalla, Holdingford	13:26.08
10 Lisa Stangler, Deer River	13:33.70
11 Kirsten Sutherland, Chatfield	13:50.84
12 Kayla Pawlowski, Warren-Alvarado-Oslo	14:09.35
13 Sara Flaten, Warren-Alvarado-Oslo	14:15.35
14 Grace Troedson, Hinckley-Finlayson	14:19.75
15 Kelly Anderson, Agassiz Valley	14:20.20
16 Valori Diedrich, Hinckley-Finlayson	14:21.52
17 Holly Lillegaard, Deer River	14:41.85
18 Tiffany Nordick, Agassiz Valley	14:43.43

100M High Hurdles

1 Amber Vaneps, Deer River	16.14
2 Nikki Kindschv, Hayfield	17.01
3 Sheri Swanson, Hayfield	17.10
4 Leah Kroger, S S C/S V R L B	17.55
5 Samantha Seidel, Chatfield	18.01
6 Melissa Seidel, Chatfield	18.04
7 Brenda Vouk, Holdingford	18.06
8 Diana Madsen, S S C/S V R L B	18.14
9 Laura Hakanson, Hinckley-Finlayson	18.21
10 Lindsey Herber, Lewiston - Altura	18.43
11 Katrina Johnson, Lewiston - Altura	18.46
12 Crystal Raush, Holdingford	18.84
13 Janessa Feltus, Deer River	19.36
14 Aubrie Roley, Warren-Alvarado-Oslo	19.37
15 Deanna Guss, Hinckley-Finlayson	19.72
16 Kami Lehn, Agassiz Valley	21.11

300M Low Hurdles

1 Ellen Graef, S S C/S V R L B	46.56
2 Katrina Johnson, Lewiston - Altura	49.41
3 Sheri Swanson, Hayfield	49.89
4 Sheena Berg, Agassiz Valley	50.43
5 Gina Jaquith, Chatfield	50.54
6 Laura Hakanson, Hinckley-Finlayson	50.84
7 Nikki Kindschv, Hayfield	50.89
8 Leah Kroger, S S C/S V R L B	51.09
9 Brenda Vouk, Holdingford	52.70
10 Crystal Raush, Holdingford	52.74
11 Monika Dahlke, Chatfield	52.89
12 Lindsey Herber, Lewiston - Altura	54.16
13 Laura Sedlacek, Warren-Alvarado-Oslo	54.56
14 Janessa Feltus, Deer River	55.13
15 Aubrie Roley, Warren-Alvarado-Oslo	55.55
16 Deanna Guss, Hinckley-Finlayson	55.56
17 Kami Lehn, Agassiz Valley	59.20

4X100 Meter Relay

1 S S C/S V R L B	52.87
2 Hayfield	53.00
3 Holdingford	53.15
4 Lewiston - Altura	54.65
5 Chatfield	54.66
6 Deer River	57.05
7 Agassiz Valley	57.85
8 Hinckley-Finlayson	58.04
9 Warren-Alvarado-Oslo	58.72

4x200 Meter Relay

1 S S C/S V R L B	1:49.11
2 Hayfield	1:53.65
3 Holdingford	1:54.17
4 Chatfield	1:55.14
5 Lewiston - Altura	1:56.19
6 Deer River	1:57.67
7 Agassiz Valley	1:57.96
8 Hinckley-Finlayson	1:59.74
9 Warren-Alvarado-Oslo	2:00.19

4X400 Meter Relay

1 Hayfield	4:11.16
2 Chatfield	4:12.41
3 Holdingford	4:14.54
4 S S C/S V R L B	4:18.21
5 Warren-Alvarado-Oslo	4:22.25
6 Lewiston - Altura	4:22.57
7 Hinckley-Finlayson	4:31.03
8 Agassiz Valley	4:34.73

9 Deer River 4:50.14

4X800 Meter Relay

1 S S C/S V R L B	10:22.57
2 Holdingford	10:26.66
3 Lewiston - Altura	10:27.26
4 Chatfield	10:32.28
5 Agassiz Valley	10:34.29
6 Hinckley-Finlayson	10:34.36
7 Hayfield	10:38.77
8 Warren-Alvarado-Oslo	10:43.54
9 Deer River	10:47.73

Long Jump

1 Taunja Disher, Holdingford	16-9
2 Kristin Peterson, Hayfield	16-0
3 Ashley Luehmann, Lewiston - Altura	15-11 1/2
4 Emmalee Shaler, Chatfield	15-8 3/4
5 Kelly Hakanson, Hinckley-Finlayson	15-7
6 Ellen Graef, S S C/S V R L B	15-4
7 Janel Ellinghuysen, Lewiston - Altura	14-9 1/4
8 Deanna Guss, Hinckley-Finlayson	14-9 1/4
9 Jamie DeWall, S S C/S V R L B	14-5 3/4
10 Alexis Smith, Deer River	14-3 1/4
11 Bonnie Thoe, Hayfield	14-2 3/4
12 Amanda Stevens, Chatfield	14-0 1/2
13 Crystal Raush, Holdingford	13-8 1/2
14 Renae Morberg, Warren-Alvarado-Oslo	13-7 1/2
15 Crystal Essig, Deer River	13-3 3/4
16 Ashley Nord, Agassiz Valley	12-11
17 Emilee Torgerson, Warren-Alvarado-Oslo	12-8
Kaley Jacobson, Agassiz Valley	ND

Triple Jump

1 Ellen Graef, S S C/S V R L B	34-3
2 Anne Holtan, Hayfield	33-6
3 Lauren Burmeister, Hayfield	33-3 1/2
4 Krystal Burggraff, Holdingford	32-11
5 Emmalee Shaler, Chatfield	31-11 1/2
6 Lisa Amundgaard, Warren-Alvarado-Oslo	31-5 3/4
7 Shanda Larsen, Holdingford	31-3 3/4
8 Amy Giehtbrock, Chatfield	31-0 1/2
9 Breanne Heisinger, S S C/S V R L B	30-8 1/2
10 Lacy Hennessy, Lewiston - Altura	30-2 3/4
11 Alisson Degerstrom, Hinckley-Finlayson	29-4 1/2
12 Nicole Skaden, Lewiston - Altura	29-0 1/2
13 Brittany Johnston, Warren-Alvarado-Oslo	28-6
14 Tashina White, Deer River	28-5 1/4
15 Ashley Nord, Agassiz Valley	28-3
16 Karla Solum, Agassiz Valley	27-6 3/4
17 Chrissy Hoppe, Deer River	27-1 3/4
18 Valori Diedrich, Hinckley-Finlayson	26-10 1/2

Shot Put

1 Jackie Luehmann, Lewiston - Altura	41-2 1/2
2 Kristin Petersen, Hayfield	38-10 1/4
3 Julie Halvorson, Chatfield	37-0 1/4
4 Ashley Luehmann, Lewiston - Altura	36-10 1/2
5 Diana Madsen, S S C/S V R L B	32-11
6 Judy Miska, Warren-Alvarado-Oslo	32-8
7 Kimi Peterson, Hayfield	31-8 1/2
8 Katie Liebelt, Hinckley-Finlayson	29-10 1/4
9 Audrey Farder, Warren-Alvarado-Oslo	29-6 1/2
10 Patty Kroll, Holdingford	29-0 1/2
11 Tashina White, Deer River	28-6
12 Alexis Smith, Deer River	27-9
13 Mindy Oelke, S S C/S V R L B	27-5 1/4
14 Chelsey Sorenson, Hinckley-Finlayson	27-5

15 Kristi Jensen, Agassiz Valley 26-9 1/2
 16 Jill Rademacher, Holdingford 25-6
 17 Mandy Jensen, Agassiz Valley 24-11 3/4
 18 Winter Shaler, Chatfield 24-10 3/4

Discus Throw

1 Jackie Luehmann, Lewiston - Altura 131-2
 2 Julie Halvorson, Chatfield 123-4
 3 Kristin Petersen, Hayfield 120-11
 4 Karla Solum, Agassiz Valley 101-7
 5 Anna Sjol, Warren-Alvarado-Oslo 101-0
 6 Katie Liebelt, Hinckley-Finlayson 100-6
 7 Ashley Luehmann, Lewiston - Altura 99-4
 8 Kimi Peterson, Hayfield 98-5
 9 Mindy Oelke, S S C/S V R L B 97-11
 10 Chelsey Sorenson, Hinckley-Finlayson 92-2
 11 Patty Kroll, Holdingford 91-2
 12 Diana Madsen, S S C/S V R L B 88-2
 13 Emmalee Shaler, Chatfield 87-6
 14 Audrey Farder, Warren-Alvarado-Oslo 86-11
 15 Jen Zwilling, Holdingford 86-3
 16 Mandy Jensen, Agassiz Valley 83-4
 17 Christina Fox, Deer River 75-5
 18 Alexis Smith, Deer River 66-0

High Jump

1 Amber Vaneps, Deer River 5-2
 2 Sheri Swanson, Hayfield 5-0
 2 Krystal Burggraff, Holdingford 5-0
 4 Catherine Moe, Agassiz Valley 4-10
 5 Breanne Heisinger, S S C/S V R L B 4-8
 6 Valori Diedrich, Hinckley-Finlayson 4-8

6 Shannon McCarthy, Hinckley-Finlayson 4-8
 8 Rebekah Stinar, Warren-Alvarado-Oslo 4-8
 9 Amy Giehtbrock, Chatfield 4-6
 9 Stephanie Eilders, Chatfield 4-6
 9 Darci Froderman, S S C/S V R L B 4-6
 12 Katrina Johnson, Lewiston - Altura 4-6
 13 Amanda Breth, Holdingford 4-6
 14 Heather Schmeling, Hayfield 4-4
 14 Renae Morberg, Warren-Alvarado-Oslo 4-4
 16 Shelly Hanson, Lewiston - Altura 4-4
 16 Laura Herbrandson, Agassiz Valley 4-4
 18 Haley Reuter, Deer River 4-2

Pole Vault

1 Lisa Amundgaard, Warren-Alvarado-Oslo 9-6
 2 Lisa Streit, Holdingford 9-0
 3 Karla Solum, Agassiz Valley 9-0
 4 Hannah Koep, S S C/S V R L B 8-6
 5 Kelly Anderson, Agassiz Valley 8-6
 6 Deanna Guss, Hinckley-Finlayson 8-6
 7 Alisha Hussong, S S C/S V R L B 7-6
 8 Melissa Stanton, Hayfield 7-6
 8 Casey Ties, Lewiston - Altura 7-6
 10 Janessa Feltus, Deer River 7-6
 10 Gina Schanhaar, Deer River 7-6
 12 Melissa Seidel, Chatfield 7-6
 12 Megan Perry, Chatfield 7-6
 14 Angie Skwira, Holdingford 7-6
 15 Liza Tandall, Lewiston - Altura 7-0
 16 Corey Saunders, Warren-Alvarado-Oslo 6-6
 17 Jeanette Lindfors, Hinckley-Finlayson 6-0
 18 Hailee Woudwick, Hayfield 6-0